

SAFE DIVING CODE

Certification Agency: _____ Cert. #: _____ Highest Level of Cert.: _____
Lifetime # of Dives: _____ Date of Last Dive: _____

Maintain good mental and physical fitness. Do not dive under the influence of drugs or alcohol.
Know your limits as a diver.

Keep proficient diving skills. Always review them in controlled conditions after periods of inactivity.

Be familiar with the dive sites. If not, obtain a formal orientation or seek literature regarding the dive site.

Listen carefully to all dive briefings and directions. Be certain to listen to the 1st briefing of the day even if not doing that particular dive. Respect the advice and instruction of those coordinating your dive activities.

Engage in diving activities consistent with your training, experience level and recent diving activity.

Always use a submersible pressure gauge, bottom timer, and a second regulator or alternate air source. Frequently check your remaining air pressure during the dive.

If you are diving with a buddy, adhere to the buddy system throughout the entire dive.

Make all dives without requiring DECOMPRESSION stops and allow a margin of safety. Stay within Recreational Diving Limits. Practice safety stops on all dives.

Always breathe properly while diving. Never hold your breathe while using compressed air.

Always ascend slowly. Keep hand on Buoyancy Compensator valve and release air as needed for slow ascent. Inflate BCD once surface has been reached.

Maintain proper buoyancy. Do not overweight yourself. Periodically check for proper weighting.

Always have weights clear for easy access and removal or “ditching” and situated for a right hand release. If unable to maintain or establish buoyancy in an emergency, release weight belt.

THINK! Don't panic! You likely have options in an Emergency.

I HAVE READ AND UNDERSTAND THE SAFE DIVING CODES DESCRIBED ABOVE.

SIGNATURE

DATE

In case of an emergency **during this event**, who may we contact _____
(name) at phone number _____
Relationship is _____.

Do you have current D.A.N. Insurance? YES or NO (circle)

If there are any medical conditions we should need to know in an Emergency and you are unable to tell us, please indicate the nature.

