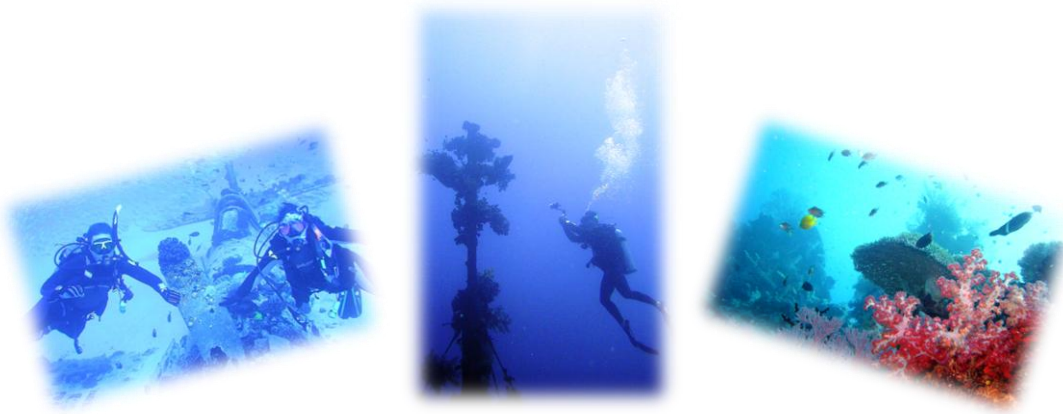




Emergency First Response



Emergency First Response Primary and Secondary Care and Care for Children are comprehensive programs based on professional instructional design and educational protocols, as well as International Liaison Committee on Resuscitation (ILCOR) standards.

The program is composed of two core modules and provides extensive instruction in CPR and First Aid, in addition to providing optional Automated External Defibrillator (AED), and emergency oxygen use training. The last portion of this course focuses on Infant and Children Primary & Secondary Care is a MUST for parents raising children.



EFR course

\$139 Emergency First Response

- Three Class Sessions – at Instructors discretion.

Required Materials:

- Emergency First Response Textbook: \$14
- Emergency First Response DVD: \$27
- Emergency First Response Care for Children Textbook/DVD: \$37

Prerequisites:

- No minimum age is required for this course
- No Scuba Certification is required for this course
- Supply all Educational Materials required for the course
 - Including a Pocket Mask preferably with an O2 inlet.
- DAN O2 Oxygen Administration - Recommended

**Note: The Emergency First Response Course is a prerequisite for the Rescue Diver Certification as well as all PADI leadership training roles – Divemaster, Assistant Instructor and Instructor.*

Knowledge Development

Primary Care:

Scene Assessment,
Barrier Use,
Primary Assessment,
Rescue Breathing,
1 Rescuer CPR.

Secondary Care:

Basic First Aid,
Severe Bleeding,
Shock Treatment,
Spinal Injuries,
Automated External,
Defibrillator use,

Secondary Care Cont.:

Choking,
Introduction to O2 use,
Injury Assessment,
Illness,
Bandaging & Splinting.

	Day #1 6:30pm-11:00pm EFR	Day #2 6:30pm-11:00pm EFR/CFC	Day #3 6:30pm-11:00pm CFC
EFR 01-09	03/30/09 – MON	03/31/09 – TUE	04/01/09 – WED
EFR 02-09	05/11/09 – MON	05/12/09 – TUE	05/13/09 – WED
EFR 03-09	06/29/09 – MON	06/30/09 – TUE	07/01/09 – WED
EFR 04-09	09/14/09 – MON	09/15/09 – TUE	09/16/09 – WED
EFR 05-09	11/16/09 – MON	11/17/09 – TUE	11/18/09 – WED



504 North Broadway, Redondo Beach, CA 90277
(310) 372-8423